

Who is the Holy Spirit? | Week One

Introduction

This week, we start our series on The Holy Spirit. Today, we will discuss what the Bible says about Him and practice experiencing His presence.

Conversation Starters (10 minutes)

Who is a person you love spending time with and why?

Share a time when someone advocated for you. What was that like?

Sermon Notes Review (15 minutes)

What caught your attention, challenged you, or confused you from this weekend's teaching?

[Watch the Video](#) (10 minutes)

- Prepare to watch the video by opening your Bible to [John 14:26-27](#)

Group Discussion (45 minutes)

1. What is one misconception you have had about the Holy Spirit?
2. Have different people in the group read these verses aloud: [Ephesians 1:13-14](#), [Ephesians 5:15-18](#), [John 14:25-26](#), [John 16:7](#), [Romans 8:26-27](#), [Acts 1:8](#)
 - What words and characteristics are used to describe the Holy Spirit?
 - Which characteristic is the one you most need to be reminded of today and why?
3. Share moments in your life when you have felt God's presence or wished to feel it more.
4. In your own words, how would you explain the Holy Spirit to someone?
5. Let's practice giving the Holy Spirit our attention and experiencing His presence.
 - Have each person select a verse or two they would like to meditate on for the next several minutes. It could be one of the verses above or another verse of your choice. You can pick the same verse as someone else or you could all pick different verses.
 - You may want to set a timer or play some wordless background music.
 - Spend about 3 minutes in silent prayer and meditation on the verse:
 - Read the verse to yourself a couple of times.
 - Ask the Holy Spirit to speak to you. Write down any thoughts or images that come to mind as you meditate on the verse.
 - Ask the Holy Spirit to reveal anything to you that He wants you to see. Ask Him if there is anything He wants you to do.

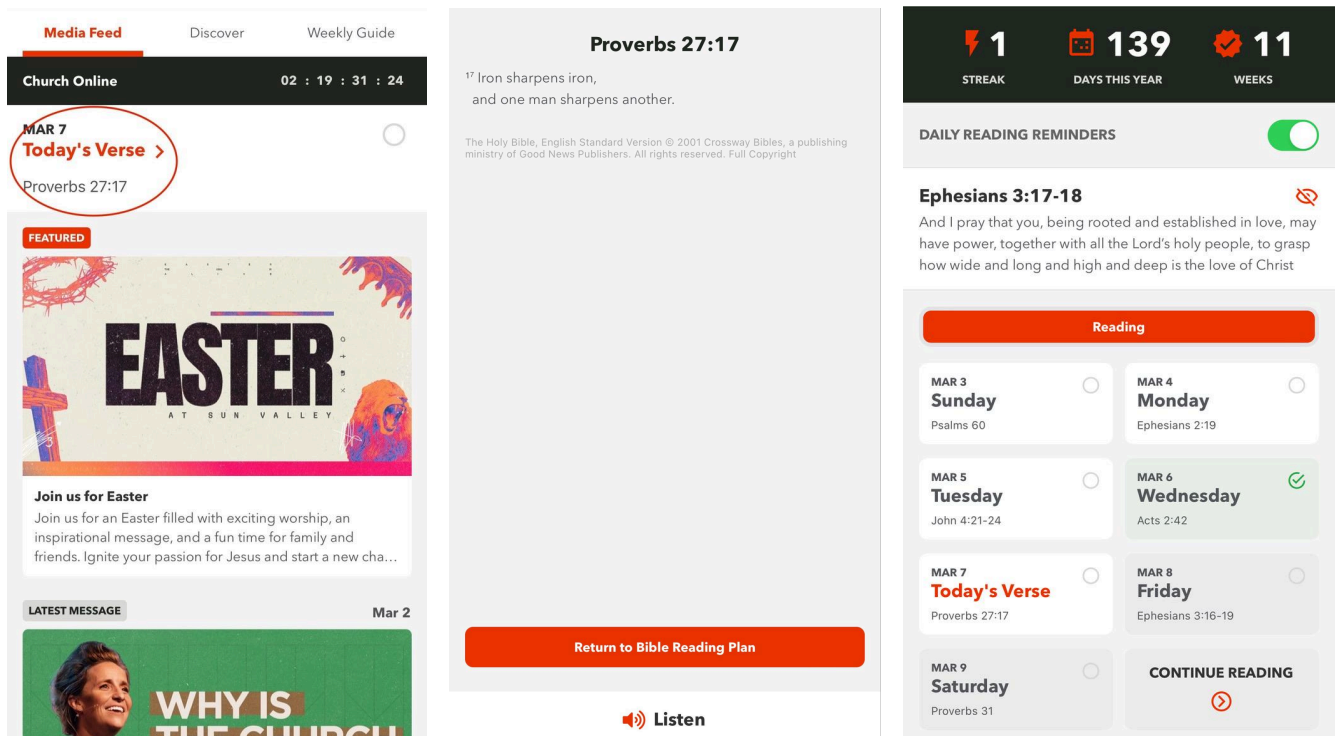
- At the end of your 3 minutes of silent prayer, take turns sharing what the Holy Spirit spoke to you.

Prayer (5 minutes)

Close the group in prayer. Thank the Holy Spirit for His presence in our lives. Invite Him to continue revealing Himself to each person, growing us in wisdom and understanding of who He is.

Announcements (5 minutes)

- Continue your daily rhythm of spending time in God’s Word. You can spend time with God and further your personal study of the Holy Spirit by following along with our Daily Reading Plan and Daily Devotionals. You can find these in the Sun Valley app:



- Serving others is another practice in our journey of following Jesus, and this is even more fun when you serve together as a group! Consider volunteering together at one of our Easter services. Sign up at servenow.sv.cc.